Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Monday 08 May 2023 until 23:59 on Tuesday 09 May 2023

Forecast Issued on Monday 08 May 2023 at 02:20 by Met Office Aberdeen

Confidence: High confidence for rain at first followed by an unsettled week with showers at times, some heavy and thundery. Lower confidence for shower detail.

Headline for Monday 08 May 2023: Cloudy with patchy rain becoming brighter with scattered evening showers.

Mountain weather hazards on Monday 08 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
High Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Fog	Fog	Fog	Drizzle
Precipitation probability					
00%	70%	60%	40%	10%	30%

Forecast for Monday 08 May 2023

Weather: Cloudy with rain becoming patchy and light overnight. Cloud and patchy rain continue through the morning with the afternoon becoming drier and brighter away from western coastal ranges. Scattered showers, some heavy and thundery spread northeast from the evening.

Chance of cloud-free hill tops above 800m: 30% increasing 40% in the afternoon with the best of any brightness across northeastern ranges in the afternoon.

Low cloud and visibility: Moderate visibility will become poor to very poor at times in hill fog and extensive cloud to 400-600m at first. The cloud breaks lifting a little to 700-900m away from the coast during the afternoon. The visibility drops moderate to poor in evening showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Mountain Weather Forecast

Forecast for Monday 08 May 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	36/41 S	27/34 S	25/32 SW	23/30 SW	19/25 SW	15/20 SW	14/19 SW
900	33/39 S	25/32 S	24/31 SW	22/29 SW	18/24 SW	15/20 SW	13/18 SW
600	22/28 S	18/24 S	20/27 SW	18/25 SW	14/19 SW	11/16 SW	10/15 SW
300	5/24 S	6/22 S	8/25 SW	8/24 SW	6/18 SW	3/14 SW	4/13 SW
Glen	12/25 S	10/21 S	11/21 SW	9/18 SW	6/13 SW	5/13 S	5/12 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	6/0	7/2	7/2	7/2	6/2	6/2	5/1
900	7/1	8/3	8/3	7/3	7/3	6/3	6/2
600	9/5	9/6	10/6	10/6	10/7	8/6	8/5
300	10/10	11/10	11/10	12/10	12/11	10/9	9/9
Glen	13/10	13/11	13/11	14/12	14/13	12/11	11/10
Freezing Level*	2500m	2300m	2100m	2100m	2100m	2000m	1800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
The morning will feel cold at height in gale force southerly winds, these decreasing in the afternoon.

Forecast for Tuesday 09 May 2023
Weather: Early showers, some heavy, clear northeast before dawn leaving the morning dry with sunny periods. Showers build for a time across northeastern parts during the afternoon before turning dry again from the evening.

Maximum wind: South 10-15mph

Chance of cloud-free hill tops above 800m: 80%

Low cloud and visibility: The visibility will be good with patchy cloud at 1000-1200m, lowering 800m in showers.

Temperature: **Glens:** Plus 5 Celsius to 14 Celsius.
At 800m: Plus 6 Celsius.
Freezing level: Above summits.

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